

The Sam Buxton Sunflower Healing Trust

Reg Charity Number 1115614



Created in 2006 with funds
from The NHS Healer

'Providing a Ray of Light To
Cancer Patients and their
Carers'

Providing Funds to NHS and
Other Cancer Related Care



Steps to 2014

1987 Mum

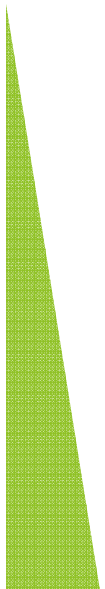
1987-1995 My development

1995 Sam

1999 Hospital Healing

2004 The NHS Healer

2006 Charity created



SBSHT Projects since 2006

SBSHT have 'pump primed' 26 posts at:

- University College London Hospital
- Addenbrookes Cambridge
- Princess Alexandra's Epping
- Kent & Canterbury Hospital
- Queen Elizabeth Hospital Welwyn Garden City
- St Josephs Hospice Hackney
- St Mary's Hospice Ulverston
- Furness General Hospital in Barrow



*New projects for 2014 are ; Eden Valley Hospice, Wigan Hospital
and Plymouth Hospital in the Paediatrics Unit.*

BMA Definition of Complementary and Alternative Medicine

"Those which can work alongside, and in conjunction with, conventional medicine."

(B.M.A,1993 p6)



House of Lords Report on Group 2 Therapies

"We are satisfied that many therapies listed in our Group 2 give help and comfort to many patients when used in a complementary sense to support conventional medical care"

"In relieving stress, in alleviating side effects (for example of various forms of anti-cancer therapy) and in giving succour to the elderly and in palliative care they often fulfil an important role".



Group two - "therapies most often used to **complement** conventional medicine and do not purport to embrace diagnostic skills."

Alexander technique

Aromatherapy

Bach flower remedies

Bodywork therapies, including Massage

Counselling stress therapy

Healing (often known as Energy
Healing/ Reiki)

Hypnotherapy

Maharishi Ayurvedic Medicine

Meditation

Nutritional medicine

Reflexology

Shiatsu

Yoga



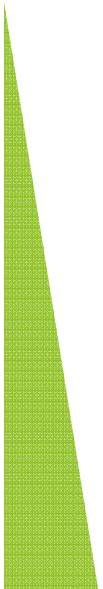
POSITIVE EMPOWERING MODEL

CHOICE



INTEGRATION

CHOICE



How much does this cost SBSHT

Approximately £6K per year will provide a therapist for 1 day a week for a year this is based on band 5 pay scale

This will improve the quality of life for cancer patients and their families

Benefits for Centres

- ▶ Time - an additional person in the unit
- ▶ Support to the whole unit - healing available for patients, carers and staff
- ▶ Reduces patient anxiety -> improves their overall compliance to treatment and reduces side effects
- ▶ Needle phobia and collapsed veins -> good qualitative evidence that canulation is easier when a healer is in attendance reducing stress for patient and staff.



Qualitative studies have shown healers can help with.....

- Needle phobia/ collapsed veins
- Fatigue
- Anxiety
- Nausea
- Sleep problems
- Pain



"Carry me this way"
Michele Angelo
Petrone

Anytime, Anyplace, Anywhere!

- ▶ Energy Healing is totally flexible - no additional equipment or props necessary
- ▶ Energy Healing is a gentle, non invasive therapy, where the therapist channels energy through their hands to the client
- ▶ Healing can be given by placing hands on or off the person's body
- ▶ The client remains clothed and can receive the healing sitting in a chair or lying in a bed



Treatment Locations

- Therapy Room
- Day Care
- Outpatients
- Isolation Ward
- Intensive Care Unit
- Beds - single rooms and open wards
- Radiotherapy

A Patients Journey



Is a Rollercoaster.....



***A Pilot Clinical Service Evaluation Examining the Usage
and Satisfaction of Complementary Therapy Patients
treated in Cancer Services at University College Hospital,
London***

Presented to the EBMT (UK) NAP Group, Cheltenham 2010

Angie Buxton-King

What Respondents said about the service ...

“I’ve been lying here all the time thinking that I’m going to die. Now I feel lifted and my perspective is totally different – like I’m not going to die now.”

What Respondents said about the service ...

"Our Son benefits from it a great deal, he handles scans 100% better & really enjoys the sessions - he's only 2 and a half; we as parents know it has helped him and we would recommend it 100%"

What Respondents said about the service ...

"I'm very happy such a service is offered alongside 'standard western' treatments. The range is encouraging, the staff very friendly and approachable. I'm fortunate in that whatever treatment/therapy I receive I usually enjoy a positive outcome, whether it is a short reduction in pain, or the relief of being able to rest more easily for a while"

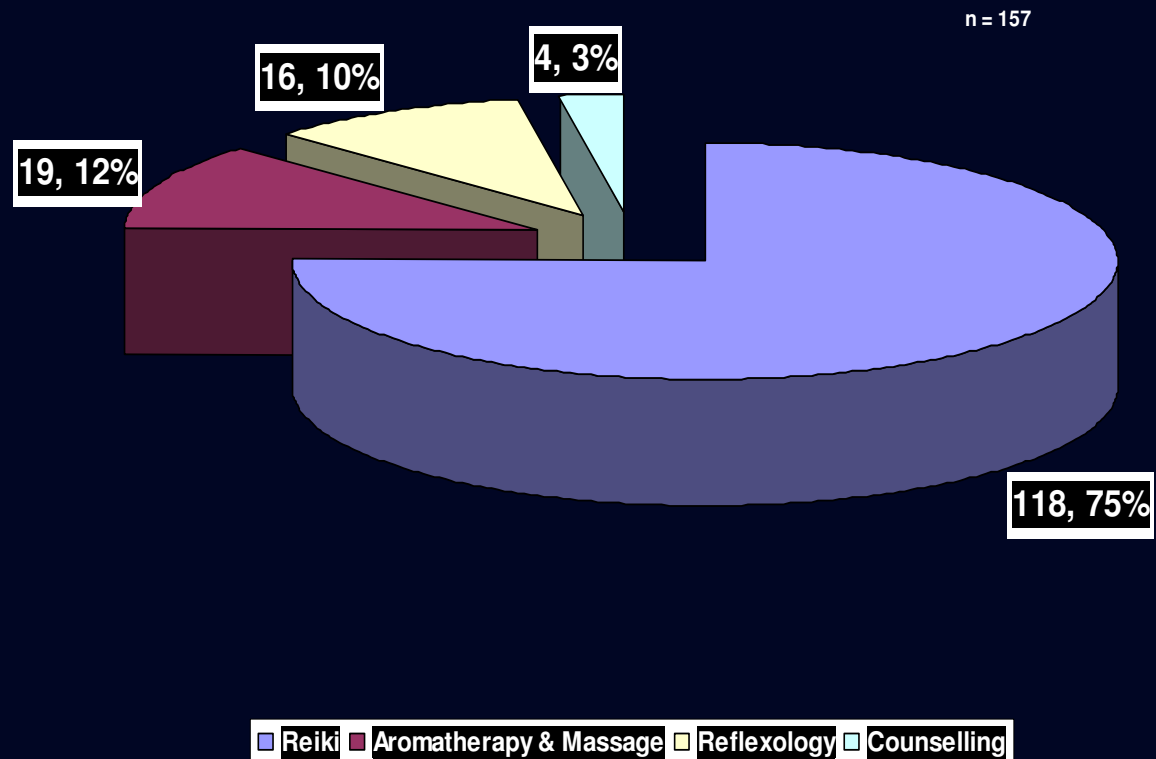
What Respondents said about the service ...

"Such a good idea & valuable tool especially when having chemotherapy. Helps keep you feeling positive which is very important in my fight for recovery"

What Respondents said about the service ...

“This service is a lifeline for me; I don’t know what I’d do without it”

Complementary Therapy By Type



Summary:

- **100% of the respondents who commented upon their experiences were positive about complementary therapy (111, 71%); however, 29% (46) of respondents did not make a comment, of these a small percentage (12, 11%) recorded a lower rating for reuse (≤ 8).**
- **Limitations include: the 'snap-shot' nature of this kind of survey, the sample group was self-selecting and practitioner bias was not controlled. Despite this, a picture emerges of great satisfaction with both the availability of complementary therapies and the high standard of delivery at UCH.**
- **There clearly continues to be significant demand for these therapies, and further research is needed to assess the level of agreement with these findings from across the UK and Europe.**

Healer works at the patient's bedside



PAIN

- ▶ Physical
- ▶ Emotional
- ▶ Spiritual



“The Pain of it all” Michele Angelo
Petrone

Benefits for Patients

- ▶ Reduces Anxiety - helps relieve symptoms of stress
- ▶ Calms the patient:
 - ▶ may be more receptive to receiving treatment
 - ▶ helps reduce feelings of fear, irritability, concern
 - ▶ improves ability to cope with pain
 - ▶ assists with side effects including nausea, constipation and diarrhoea.
 - ▶ can stimulate appetite - build strength



How can hospitals or cancer centres gain funding ?

- ▶ SBSHT is contacted by the hospital or centre
- ▶ We will visit the centre to see how and where the therapist will be working with patients
- ▶ If the project is agreed SBSHT will donate funds into any suitable NHS or related fund
- ▶ The recruiting manger will advertise the post
- ▶ Quarterly reports access impact of service

How can I as a therapist work in one of the projects?

- You will need to hold a full healer certificate with 2 years post certificate experience
- Therapist to approach Hospital to gain interest(recommend further training)
- Following a successful approach; centre to approach SBSHT for funds
- Post will be advertised via NHS jobs website



Make sure you have considered;

- Is this the right setting for you as a therapist?
- Get experience of this subject by attending courses or volunteering or both!
- Be passionate focussed and driven
- Don't take no for an answer!

The Guild of Professional Healers

- ▶ Created in 2008 and asset linked into SBSHT
- ▶ Membership & Training provider for Energy , Reiki and Spiritual Healing
- ▶ **Unique provider** of training for those healers who wish to work in Hospitals /Hospices (CPD training)
- ▶ The Guild's standards seek to improve and lay foundations for healers in all areas of health care, in both the private and public sectors.
- ▶ Focussed and professional . We believe that all healers, in whatever setting, need to be safe and competent in their practice.



Setting the Standards for Healers in Healthcare

Membership benefits

- ▶ One membership fee that covers Reiki , Energy Healing or Spiritual Healing
- ▶ An excellent insurance package with Balens
- ▶ Members will be alerted to vacancies created by our charity
- ▶ Access to a library of research articles relating to Healing.
- ▶ Discounted rates on Continuing Professional Development (CPD)
- ▶ After interview, healers can be listed on our 'Find a Healer' data base
- ▶ Have access to advice by healers who are leaders in the field of building bridges between complementary and conventional medicine

Membership pathway

- ▶ Complete application form
- ▶ Telephone interview by Guild Director
- ▶ Welcome applicants from other organisations
- ▶ No prior learning lost as APEL and Grand parenting in place

Training

- ▶ Energy Healing -NOS 2 years
- ▶ Reiki -NOS -9 months
- ▶ Healing in Hospitals & Hospices 2 day course
- ▶ Delivering CT in a Statutory Setting -1 day Course

A summary of events to date

- ▶ SBSHT is successfully working in partnership with NHS trusts and cancer centres
- ▶ Energy Healing / Reiki has been an important part of patients care for over 10,000 patients, carers and staff since SBSHT was created in 2006
- ▶ Such a success that we need more funds NOW!
- ▶ We continue to uphold NOS standards for Reiki and Energy Healing

The Healing Touch



*"I need to know that **this body is my body.***

*And I need to know everything that is happening to **my body.***

*But most of all I need to know that **you know that within my body there is me.**"*

Michele Angelo Petrone

Thank you for listening 😊

You are welcome to seek me out and ask
further questions during the day

Contact Details

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