

THE SAM BUXTON SUNFLOWER HEALING TRUST
INTEGRATING HEALING INTO HOSPITALS AND
HOSPICES SINCE 2006



ONWARDS & UPWARDS
You can do this too!



HOUSE OF LORDS REPORT ON GROUP 2 THERAPIES

"We are satisfied that many therapies listed in our Group 2 give help and comfort to many patients when used in a complementary sense to support conventional medical care"

"In relieving stress, in alleviating side effects (for example of various forms of anti-cancer therapy) and in giving succour to the elderly and in palliative care they often fulfil an important role".



Group two - 'therapies most often used to complement conventional medicine and do not purport to embrace diagnostic skills.'

Alexander technique

Aromatherapy

Bach flower remedies

Massage

Counselling stress therapy

Healing (often known as Energy

Healing / Reiki)

Hypnotherapy

Meditation

Nutritional medicine

Reflexology

Shiatsu

Yoga



OUR PROJECTS USE REIKI OR SPIRITUAL HEALING PRACTITIONERS



- Our work is unique and supports
- Patients, Carers and Staff
- Healers trained to National Occupational Standards (NOS)



ANYTIME, ANYPLACE, ANYWHERE...

- Reiki /SH is totally flexible - no additional equipment is necessary
- Can be delivered at the bedside by placing hands on or off the person's body making it very user friendly in these settings



PAIN



- Emotional
- Spiritual
- Physical



Treatment Locations

- In-patient Wards
- Therapy room
- Day Care
- Outpatients
- Isolation Ward
- Intensive Care Unit
- Radiotherapy
- Diagnostic theatres





OUR PROJECTS BENEFIT PATIENTS, FAMILIES AND STAFF

- ✓ Time – an additional person in the unit
- ✓ Fills a void
- ✓ Improves overall compliance to treatment -saving time
- ✓ Needle phobia and collapsed veins -> good qualitative evidence that cannulation is easier when a healer is in attendance reducing stress for patient and staff.



Patient Comment

I will always remember how the healer appeared in a time of great need. A truly life changing experience.

Who should I contact to say how valuable your services are? Somebody, somewhere has got something right for once- and I want them to know that at least one other person out here knows it and wants to shout it out".



Parent comment

"Our Son benefits from it a great deal, he handles scans 100% better & really enjoys the sessions - he's only 2 and a half; we as parents know it has helped him and we would recommend it 100%"



Patient Comment

"I was initially very sceptical about Reiki but after I always feel relaxed and reinvigorated. The sessions have helped me enormously to cope with the stress of being in hospital ... with cancer"



OUR EVALUATION REPORTS TELL US THAT OUR PROJECTS SUPPORT PATIENTS WITH;

Needle phobia

Anxiety

Nausea- anticipatory

Pain- emotional and physical

Sleep problems

Neuropathy

Fear of the future



BENEFITS FOR CENTRES

- ✓ Time - an additional person on the unit
- ✓ Support to the whole unit - healing available for patients, carers and staff
- ✓ Reduces patient anxiety -> improves their overall compliance to treatment and reduces side effects



Staff member (sister)

“I am constantly receiving positive feedback from staff, parents and children. How wonderful that you are offering this service. Thank you so much.”



RESEARCH

Richard Eaton

www.collegeofmedicine.org.uk



HOW WE EVALUATE OUR PROJECTS

- Reports from our projects are received quarterly
- They include the number of patients seen
- Qualitative remarks from patients
- Feedback from Staff on the wards
- Level of integration achieved



TIPS FOR A SUCCESSFUL PROJECT

- ✓Employ the right person!!
- ✓Qualified and Insured
- ✓Experienced in therapy
- ✓Has experience of working with families in distress
- ✓Works interactively
- ✓Attends MTD meetings and nursing handovers
- ✓Provides staff treatments
- ✓Part of the teaching cycle



PATHWAY TO A PROJECT VIA SBSHT

- Healers must have completed our Healing in Hospitals and Hospices training
- Healer then approaches a centre in their area
- SBSHT is then contacted by the recruiting centre
- Once SBSHT have agreed the project we will donate funds into any suitable NHS or related fund
- The vacancy will be advertised on NHS jobs website or internally if appropriate (SBSHT training as an essential on the PS)
- The post will be given an NHS fixed term contract



DETAILS

- The Healer must be able to work in an integrated way with patients, relatives and staff and a minimum of 6 patients must be seen per day (30 minute sessions)
- SBSHT has policy, protocols and job descriptions available to govern Reiki / Spiritual Healing if the recruiting centre requires this information
- Similar projects elsewhere are banded 4 or 5 within the Agenda for Change system
- Therapist will wear a SBSHT polo shirt and provide us with quarterly reports
- Projects are for a maximum of 15 hours per week



SBSHT CAN PROVIDE

- Policy to manage therapy -if none in place
- Individual protocols to govern individual therapies
- Job descriptions
- Interview questions
- Funds



Costs of a project

- The costs for a Healer for 15 hours a week for a fixed term contract for a year are approximately £12k (this figure covers the salary and any add on costs for the therapist)
- This enables the provision of over 600 treatments at the bedside and elsewhere supporting patients, carers and staff



NEXT TRAINING 27TH & 28TH FEBRUARY 2020 AT HARRY EDWARDS HEALING SANCTUARY IN SURREY



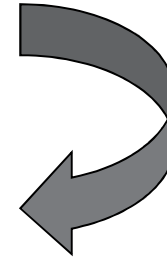
Sam Buxton Sunflower Healing Trust

Projects provide

CHOICE

and

INTEGRATION



The Future

- We have a proven model of integrating Healing into Cancer Units and Hospices
- We develop and expand our projects by providing funds for a coordinator post if the initial project has been very successful
- Our trustees understand the system from both sides of the track
- This enables us to find our way through the maze of NHS managers and red tape
- It is now 'relatively' easy to place further projects when we have funds available
- We are only 'slowed' in further spread by available funds



SBSHT PROJECTS

To date:

37 part time healer posts have been funded since 2006 in 17
Hospitals & Hospices

Our aim:

A Healer in every cancer centre



THE HEALING TOUCH



*“I need to know that this body is my body.
And I need to know everything that is happening to my body.
But most of all I need to know that you know that within my body there is me”.*

Michele Angelo Petrone

COMPLEMENTARY THERAPY AWARDS 2018

- SBSHT was the overall winner of the awards along with award for cancer care

WHY?

- The judges considered that our successful pathway could be used to integrate other therapies into healthcare



THE SAM BUXTON SUNFLOWER HEALING TRUST

Any Questions?

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